

# **Mealtime Management Services**

At Enhance, we offer participants the benefit of professional mealtime management services. Our skilled and experienced Speech Pathology team can recommend the safest diet and fluid consistencies for participants while making sure your service is up to date with the International Dysphagia Diet Standardise Initiative (IDDSI).

## How we can help.

Your Speech Pathologist will clearly document the severity of Dysphagia based on the NDIS updated practice standards for Mealtime Management and Severe Dysphagia management, and will follow up appropriately.

### What is Swallowing and Mealtime Management?

Our Speech Pathologist conducts a mealtime management assessment with the participant to observe and record if they are having difficulty eating and swallowing when drinking, or at risk of food or fluid entering their lungs (aspiration), or choking. Next, we develop a colourful easy-to-read Mealtime Management Plan for the participant. We also include an easy read 2-page version as a reference for carers/support staff.

#### How many hours will you require?

Improved daily living or core support funding (if required) 15 hours for new or complex participant | 10 hours for existing participant

#### Service

Initial Assessment (including travel) Oral Eating and Drinking Care Plan with NDIS recommendations for next plan Recorded training for all stakeholders Attendance at face to face meetings Visual resources

#### **About Enhance**

We are experts in positive behaviour support and have been offering a wide range of assessments and therapeutic services (speech, psychology and occupational therapy) for youth and adults for over 20 years. As a division of Disability Services Australia, we really understand people with a disability and the needs of their support networks.

Come to us or we can come to you.

#### **Clinic Locations**

Campbelltown | Mascot | Kingsgrove

